

The Mental Health Promotion Innovation Fund in Context: People, Positioning, Pandemic, Potential

KDE Hub Annual Symposium, January 25-27, 2021

We look forward to welcoming you to this event! We invite any suggestions for refining the agenda, and any questions you may have about the event. Please freely contact us through kdehub@uwaterloo.ca, and remember, all questions are worth asking!

How can the Mental Health Promotion Innovation Fund (MHP-IF), and each of the twenty projects within it, make the biggest difference in the short- and long-term? How can we individually and collectively contribute to child and youth mental health promotion in Canada that is evidence-informed, sensitive to cultures and contexts, equitable and sustainable? Wise choices about what to do, with whom, when and how are those that find the best ‘fit’ between activities and context. But what is “context”? Is it COVID-19? Absolutely. Is it advances with research? Yes. Is it the worldview that guides your work? Yes. Is it current policies, practices, and partnerships? Yes! Context is all circumstances within which ideas, actions, events, and fields can be fully understood and influenced.

The KDE Hub will host the first annual symposium with and for the MHP-IF community January 25-27, 2021. The symposium will be a short, yet concentrated window of time during which those involved in the MHP-IF will be invited to explore relevant and varied contexts influencing their work, and contexts they can influence. Speakers, discussants and guests from beyond the MHP-IF will enrich the exploration and learning.

By participating in the 2021 MHP-IF symposium, you will:

1. Become more familiar with people and places involved in the MHP-IF (**people**)
2. Gain a deeper understanding of the niche of the MHP-IF, with its emphasis on upstream approaches, promoting health equity and knowledge development & exchange (**positioning**)
3. Explore the influence of the pandemic on the MHP-IF and ways to inform ongoing adaptations (**pandemic**)
4. Expand appreciation for the value of the MHP-IF in the broader context of child and youth mental health promotion in Canada and internationally (**potential**)

A working agenda follows...

Working Agenda

Session	Purpose	Format
Monday, January 25, 2021		
1A. Opening Session 3:00 – 4:30 pm PT 4:00 – 5:50 pm MT 5:00 – 6:30 pm CT 6:00 – 7:30 pm ET 7:00 – 8:30 pm AT 7:30 – 9:00 pm NT	Welcome participants, set the tone and expectations for the event, and familiarize participants with people and places involved in the MHP-IF	Open and close in plenary with breakout groups, activities and a video montage of the people and places of the MHP-IF
Tuesday, January 26, 2021		
2A. CYMHP in an international context Keynote: Margaret Barry, Professor of Health Promotion and Public Health, National University of Ireland Galway	Build understanding and enthusiasm for child and youth mental health promotion (CYMHP): What is upstream and the evidence for it? How do we accelerate and improve implementation? Where is the field at and going, and how can we shape it and make it mainstream?	Pre-recorded presentation made available by the end of the opening session to be viewed Monday evening/ Tuesday morning depending on participant's time zone (approx. 30 min)
2B. CYMHP in a Canadian context 9:00 – 10:30 am PT 10:00 – 11:30 am MT 11:00 am – 12:30 pm CT 12:00 – 1:30 pm ET 1:00 – 2:30 pm AT 1:30 – 3:00 pm NT	Gain a deeper understanding of the role of CYMHP in Canada and the niche of the MHP-IF	Professor Barry and panelists and will discuss the keynote in relation to the Canadian context followed by facilitated breakout groups
2C. CYMHP in your context 10:30 am – 12:00 pm PT 11:30 am – 1:00 pm MT 12:30 – 2:00 pm CT 1:30 – 3:00 pm ET 2:30 – 4:00 pm AT 3:00 – 4:30 pm NT	Provide participants with an opportunity to describe the systems/ landscape in which they see themselves	Facilitated small group exercise
BREAK – 30 min		
2D. The Pandemic Context 12:30 – 1:30 pm PT 1:30 – 2:30 pm MT 2:30 – 3:30 pm CT 3:30 – 4:30 pm ET 4:30 – 5:30 pm AT 5:00 – 6:00 pm NT	Explore the impact of the pandemic on the MHP-IF and consider what may be useful insights and adaptations for the short- and long-term	Presentation of initial results from the Hub-led Pandemic Adaptations study followed by a panel of discussants who will respond and share emerging research on the impacts of the pandemic on CYMHP

Wednesday, January 27, 2021		
3A. Context-sensitive planning for the long-term: Sustaining and Scaling Up Promising Approaches	Understand pathways for sustaining and scaling up promising approaches for CYMHP, and value the importance of planning for possible futures throughout the lifecycle of projects	Pre-recorded presentation will be available to be viewed Tuesday evening or Wednesday morning depending on participant’s time zone (approx. 30 min)
3B. Discussing considerations for sustainability and scaling up 9:00 – 10:30 am PT 10:00 – 11:30 am MT 11:00 am – 12:30 pm CT 12:00 – 1:30 pm ET 1:00 – 2:30 pm AT 1:30 – 3:00 pm NT	Consider how to lay the groundwork for scaling up promising MHP-IF innovations	Reflections will be shared by the presentation speaker and 2-3 discussants with lived experiences of scale-up followed by facilitated break-out groups.
BREAK – 30 min		
3C. Context-sensitive planning for the short-term 11:00 am – 12:00 pm PT 12:00 – 1:00 pm MT 1:00 – 2:00 pm CT 2:00 – 3:00 pm ET 3:00 – 4:00 pm AT 3:30 – 4:30 pm NT	Anticipate our work together over the next year, informed by results from the Hub’s online survey of the MHP-IF project community	Presentation and plenary discussion
3D. Closing Celebration 12:00 – 12:30 pm PT 1:00 – 1:30 pm MT 2:00 – 2:30 pm CT 3:00 – 3:30 pm ET 4:00 – 4:30 pm AT 4:30 – 5:00 pm NT	Consolidate learnings and end the event with a sense of celebration and a greater appreciation for the MHP-IF in context	Plenary discussion and activity

