



# Enhanced Wellness of Refugee Children, Youth and Families

**Refugee children and youth** can experience trauma-related difficulties including problems with self-regulation, educational challenges, and limitations in social skills.



## The Approach (What we do)



Work directly with children and youth in group settings and 1-on-1 to **address past trauma and settlement-related stress and needs**



Provide caregiver support through **Circle of Security training to families**



**Train teachers and other service providers** on trauma-informed practices so they know more about how to work with refugee children and youth

## The Outcome (The difference we want to make)



Refugee children and youth **learn new skills and have improved well-being**



**Caregivers supporting refugee children and youth** are better equipped to help



Spread promising trauma-informed approaches **to other parts of Canada**

## Where We Are

### Winnipeg, Manitoba

Newcomers Employment & Education Development Services (N.E.E.D.S.) Inc.



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