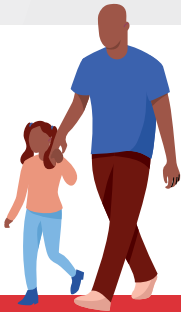




SIMON FRASER UNIVERSITY

Connect for Kinship & Foster Parents

Adolescents in foster care face profound social and psychological inequities, including an increased risk for mental health problems. *Connect for Kinship & Foster Parents* supports kinship and foster parents in providing attachment and trauma informed care.



The Approach (What we do)



Design *eConnect Online for Kinship & Foster Parents*, a virtual adaptation of an evidence-based, trauma and attachment informed program that **helps kinship and foster parents build sensitive, safe, and secure attachment relationships with their teens**



Train mental health practitioners and evaluate the uptake and perceived fit of the program with their clinical practice and the needs of the families they serve



Evaluate the treatment outcomes of *eConnect for Kinship and Foster Parents* and teens in their care

The Outcome (The difference we want to make)



Practitioners develop new skills in training and supporting kinship, foster, and other caregivers

More families have **access to a program that is available online**



Caregivers are less stressed, have greater caregiving satisfaction, and better mental health



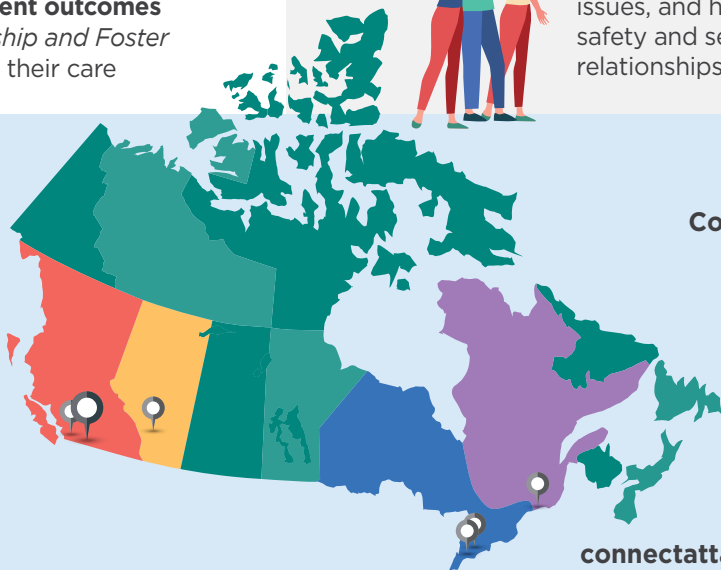
Teens have improved mental health, are better able to cope with distress as well as behavioural and emotional issues, and have a greater sense of safety and security in their relationships with caregivers

Where We Are

Burnaby, British Columbia
Adolescent Health Lab,
Simon Fraser University

Implementation sites

- Vancouver & the lower mainland, BC
- Alberta communities, AB
- London, Kitchener-Waterloo, ON
- Montreal, QC



Contact:
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adolescenthealth.ca
connectattachmentprograms.org

This project is part of the Mental Health Promotion Innovation Fund (MHP-IF) which is funded by the Public Health Agency of Canada. The MHP-IF is a national program that seeks to learn about promising approaches for advancing mental health promotion among young Canadians.

The MHP-IF projects are supported by a Knowledge Development and Exchange Hub for Child and Youth Mental Health Promotion. **You can learn more about this project, the KDE Hub and all 20 projects at kdehub.ca.**

