



MCHB Multicultural Health Brokers Cooperative

Celebrating Culture, Celebrating Life



Youth who are new to Canada face complex challenges as they and their families try to maintain a positive cultural identity in a new country.



The Approach (What we do)



Establish a team of youth-oriented brokers who will help newcomer youth better connect with their family's culture and the dominant culture



Help youth from Eritrean, Oromo and Syrian communities express their experiences, focus on their strengths, and access resources and supports



Uncover and build on the inherent cultural wealth present in families to build resilience within youth



Seek to better understand risk and protective factors for newcomer youth and share these learnings with others

The Outcome (The difference we want to make)



Youth-oriented leaders have the knowledge and skills to do cultural brokering with newcomer youth



Youth feel supported and experience better mental health



Youth see their culture as a valuable part of their identity and a resource from which they draw confidence

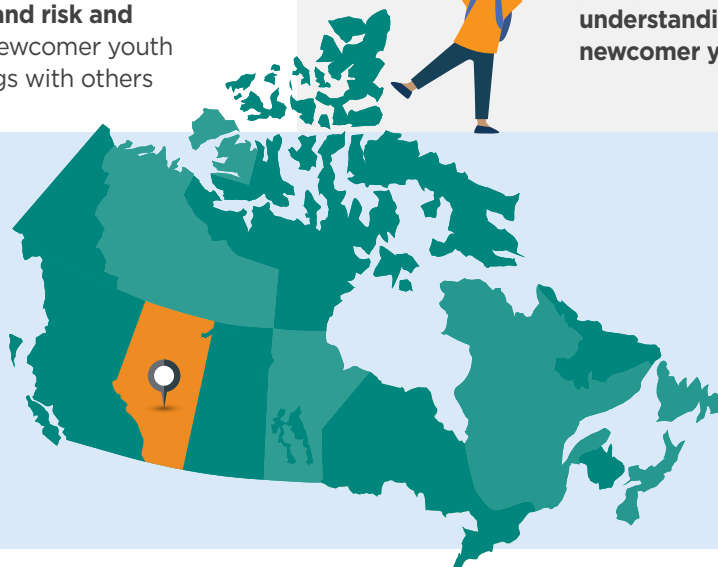


Professionals, practitioners, and policymakers have a better **understanding of the realities of newcomer youth**

Where We Are

Edmonton, Alberta

Multicultural Health Brokers Cooperative



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The MHP-IF projects are supported by a Knowledge Development and Exchange Hub for Child and Youth Mental Health Promotion. **You can learn more about this project, the KDE Hub and all 20 projects at kdehub.ca.**



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Mental Health Promotion for Children and Youth

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